

The physical profile serial is a classification of physical abilities in terms of six factors; the factors are designated as P-U-L-H-E-S. The serial identifies the broad physical demands of MOS and the physical ability of an individual to perform with the MOS. AR 40-501 identifies the physical factors as follows:

**P** Physical capacity or stamina – This factor, general physical capacity, normally includes conditions of the heart; respiratory system; gastrointestinal system, genitourinary system, nervous system, allergic, endocrine, metabolic, and nutritional diseases; diseases of the blood and blood forming tissues and dental conditions; diseases of the breast.

**U** Upper extremities - This factor concerns the hands, arms, shoulder girdle, and spine (cervical, thoracic, and upper lumbar) in regard to strength, range of motion and general efficiency.

**L** Lower Extremities – This factor concerns the feet, legs, pelvic girdle, lower back musculature and lower spine (lower lumbar and sacral) in regard to strength, range of motion, and general efficiency.

**H** Hearing and ears – This factor concerns auditory acuity and diseases and defects of the ear.

**E** Eyes – This factor concerns visual acuity and diseases and defects of the eye.

**S** Psychiatric – This factor concerns personality, emotional stability, and psychiatric diseases.

Four numerical designations are assigned for evaluating the individual's functional capacity in each of the six factors.

**1** An individual having a numerical designation of “1” under all factors is considered to possess a high level of medical fitness and, consequently, is medically fit for any military assignment.

**2** A physical profile “2” under any or all factors indicates that an individual possesses some medical condition or physical defect which may impose some limitations on classification and assignment. Individuals with a numerical designator “2” under one or more factors, who are determined by a medical board to require an assignment limitation, may be awarded specific assignment limitations.

**3** A profile containing one or more numerical designators “3” signifies that the conditions or physical defects which require certain assignment restrictions. The individual should receive assignments commensurate with his or her physical capabilities for military duty.

**4** A profile serial containing one or more numerical designators “4” indicates that the individual has one or more medical conditions or physical defects of such severity that performance of military duty must be drastically limited. The numerical designator “4” does not necessarily mean that the Soldier is unfit because of physical disability as defined in AR 635-40. When a numerical designator “4” is used, there are significant assignment limitations which must be fully described if such an individual is returned to duty.